

2021 Citizen Preparedness Workshop

August 28 2021

City of Lakeway



2021 Citizen Preparedness Workshop

Welcome

Workshop Overview:

- **Purpose:** The Citizen Preparedness Workshop is designed to assist citizens of Lakeway in the development of their personal preparedness efforts.

Families need to prepare for disasters by

- Knowing the Risk in their communities
- Making Plans before the next disaster arrives
- Take Action



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- Electronics
- Breaks
- Sign-in sheet
- Feedback documentation



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MAYOR TOM KILGORE

- Welcome

PAUL G. HARVEY, MEP

Emergency Management Coordinator

- Welcome
- Background
- Goals of the Workshop



Introduction of Participants

- Name
- **Current Preparedness Level:**
 - **LEVEL ONE** – NO PREPAREDNESS (BASIC PANTRY, FIRST AID KIT)
 - **LEVEL TWO** – BASIC PREPAREDNESS (3-5 days of resources)
 - **LEVEL THREE** – EXTENDED PREPAREDNESS (1-3 weeks of resources)
 - **LEVEL FOUR** – ADVANCED PREPAREDNESS (At least one month of resources)
- **Expectations/Take-away?**



Scope

Establish a base of knowledge to aid in creating an efficient, executable personal preparedness.

Assist in developing your preparedness plans.

INTERACTIVE WORKSHOP APPROACH

- Demonstrate how to apply key plan development principles and practices
- Combination of instructor/facilitator presentations and attendee interaction/discussion
- Where you are vs. where you can be
- Significance of this workshop



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- **Workshop Objectives:**

- Discuss the principles and authorities that are the foundation of Emergency Management and Emergency Preparedness.
- Identify the resources to assist in the development of personal Emergency Preparedness Plans.
- Explain how you can be better prepared to protect yourself, families and our community



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Know your risk to protect yourself and others

- Determine risk (possibility of event + your vulnerability)

Basic Protective Actions for all Disasters

- There are proven measures or “protective actions” that you can take to protect your family and property before, during, and after a disaster.

“The better we understand these measures, the more lives we can protect and save in disasters.”



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These important actions will help keep you prepared for all disasters:

- Have the skills to assess the situation quickly and to take effective action to protect yourself.
- Get involved with preparedness training and volunteer programs.
- Put together an emergency fund of cash and supplies.
- Decrease the potential impacts of hazards.
- Prepare a family disaster plan and practice the plan

Emergency Management Overview

What Is Emergency Management?

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Emergency management is the organization and management of the resources and responsibilities for dealing with all humanitarian aspects of emergencies (**preparedness, response, mitigation, and recovery**). The aim is to reduce the harmful effects of all hazards, including disasters.

In its simplest terms, emergency management may be as simple as a homeowner responding to a broken water pipe and a flooded basement.

Depending on the homeowner's abilities and resources, he or she may handle the emergency and restore services to normal without anyone else's help. In so doing, the homeowner has managed the emergency



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What is Emergency Management?

- Systematic approach to preparing for, responding to, and recovering from major emergencies and disasters.
- While all emergencies cannot be avoided all the time, some can be prevented, and most managed in ways to minimize their impacts.

Emergency Management takes an “all hazards” approach to planning.

This means that plans are intended to be applicable to virtually all emergencies, even though each situation may vary widely



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Routine Emergencies

Routine emergencies are daily situations faced by citizens and local emergency services personnel. For example, when firefighters respond to a call, they are managing an emergency. When the emergency medical services (EMS) unit responds to a home or arrives at the scene of a traffic accident, the EMS unit is managing an emergency.



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Non-routine Emergencies

Emergency management programs at the local level are responsible for providing overall pre-disaster planning and other programs such as training and exercises for natural and man-caused disasters that can affect a community. They are the first line of defense in coordinating a large-scale event, such as a hurricane or an earthquake, in any community to ensure an effective response to and recovery from such events



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Incident Management Vs. Emergency Management:

- **Incident Management** occurs only when an incident has happened, this is the on-scene work done and usually follows the National Incident Management System and ICS (Incident Command System).
- **Emergency Management** is the planning, coordination and ongoing approach to real or potential emergencies in the support of crisis.



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The Emergency Management Cycle:



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Mitigation

Mitigation includes activities that eliminate or reduce the chance of occurrence or the effects of a disaster. FEMA pre- disaster mitigation programs have shown that communities can do a lot to prevent major emergencies or disasters from affecting them negatively. If communities cannot prevent disasters, they can at least reduce the damaging impact.

Also known as Prevention



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Preparedness

- It is planning how to respond when an emergency or disaster occurs and working to marshal the resources to respond effectively.
- These activities help save lives and minimize damage by preparing people to respond appropriately when an emergency is imminent or hits.
- To respond properly, a jurisdiction must have a plan for response, trained personnel to respond, and necessary resources with which to respond.



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Response

- Response is the third phase of emergency management and covers the period during and immediately following a disaster.
- During this phase, public officials provide emergency assistance to victims of the event and try to reduce the likelihood of further damage.
- Fire department, police department, rescue squads, and emergency medical service (EMS) units are primary responders.



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Recovery

- Recovery is the fourth and final phase of the emergency management cycle. It continues until all systems return to normal or near-normal operation. Short-term recovery restores vital life-support systems to minimum operating conditions.
- Long-term recovery may go on for months—even years—until the entire disaster area returns to its previous condition or undergoes improvement with new features that are less disaster-prone.



What Is Emergency Preparedness?

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- Jurisdictions must be ready to face emergency threats that have not been mitigated away. Since emergencies often evolve rapidly and become too complex for effective improvisation, a government can successfully discharge its emergency management responsibilities only by taking certain actions beforehand.
- **Preparedness** involves establishing authorities and responsibilities for emergency actions and garnering the resources to support them.



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Prepare for Disasters Not if, but when: Every U.S. state and territory is at risk of disasters.

Disasters disrupt thousands of lives every year, leaving behind lasting effects on people and property.

After a disaster, many others in your community need help as well. For this reason, local first responders and other assistance may not be able to reach you right away.

You and your family can take simple steps now to prepare for emergencies. By doing so, you take back control—even in the uncertainty of disaster.



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An Emergency Preparedness Plan can be accomplished in three simple steps:



Know Your Risks



Make a Plan



Take Action



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KNOW YOUR RISKS:

- Understand the risks you and your family may face.
- Most communities face many types of hazards. It is important to learn the risks specific to your home and the ways to assess your risks if you are away from home.
- Know how and when to take action before, during, and after different hazards.



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MAKE A PLAN

- Make a communications plan and prepare for both evacuating and sheltering.
- Prepare for your family's unique needs with customized plans and supplies.
- In addition, use your social networks to help friends and family members prepare and participate in communitywide disaster preparedness activities.
- Gather emergency supplies and secure the information and documents you will need to start your recovery



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TAKE ACTION:

PUT YOUR PLAN INTO ACTION.

- Be ready and able to face disasters, no matter where you are and when they occur.
- Make a list of your personal property and its condition and protect your property by considering how to minimize damage.
- Practice your disaster plans, take advantage of existing alert and warning systems, and explore ways to serve your community



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- *“HOW AND WHERE DO I START?”*
- *HOW MUCH WILL THIS COST?*
- *WHAT OPTIONS DO I HAVE?*
- *CAN YOU MAKE ME A PLAN?*
- *WE’VE NEVER HAD A _____ HERE BEFORE, SO WHY PLAN NOW?”*



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MAKE A KIT

- In a significant emergency, First Responders could be delayed in responding to 9-1-1 calls.
- You should have a kit that will provide for you and your family for up to three days **(72 hrs.)**
- This kit should include all the food, supplies, medications, and documents you may need for you and your family.
- If you evacuate or relocate you will need to take your kit with you.



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PLAN AHEAD

- An emergency preparedness plan should be in place prior to an emergency or disaster then shared with other family members or emergency contacts.

Your plan should include....

- *Note: Shelters rarely open ahead of a disaster and should be one of your last options. If you have pets, you should make plans in advance and have knowledge of pet-friendly hotels in your area. Many shelters are not pet-friendly unless your pet is a service animal.*



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BE INFORMED

- Become informed about the various types of emergencies and disasters that might occur in your community. Local radio stations or televisions (if operable) can provide important information.
- We recommend that all citizens (who use a cell phone as a primary contact), consider registering their cell phone in emergency alerting systems.
- Want to Make a Difference?....Make a Plan



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Build A Kit

- A disaster supplies kit is a collection of basic items your household may need in the event of an emergency.
- After an emergency, you may need to survive on your own for several days. Being prepared means having your own food, water and other supplies to last for several days.
- Note: See Displays



BASIC EMERGENCY SUPPLY KIT COULD INCLUDE THE FOLLOWING RECOMMENDED ITEMS:

- Water (one gallon per person per day for several days, for drinking and sanitation)
- Food (at least a three-day supply of non-perishable food)
- Battery-powered or hand crank radio and a NOAA Weather Radio with tone alert
- Flashlight
- First aid kit
- Extra batteries
- Whistle (to signal for help)
- Dust mask (to help filter contaminated air)
- Plastic sheeting and duct tape (to shelter in place)
- Moist towelettes, garbage bags and plastic ties (for personal sanitation)
- Wrench or pliers (to turn off utilities)
- Manual can opener (for food)
- Local maps
- Cell phone with chargers and a backup battery



BASIC EMERGENCY SUPPLY KIT COULD INCLUDE THE FOLLOWING RECOMMENDED ITEMS:

- Masks (for everyone ages 2 and above), soap, hand sanitizer, disinfecting wipes to disinfect surfaces
- Prescription medications
- Non-prescription medications such as pain relievers, anti-diarrhea medication, antacids or laxatives
- Prescription eyeglasses and contact lens solution
- Pet food and extra water for your pet
- Cash or traveler's checks
- Important family documents such as copies of insurance policies, identification and bank account records saved electronically or in a waterproof, portable container
- Complete change of clothing appropriate for your climate and sturdy shoes
- Fire extinguisher
- Matches in a waterproof container
- Feminine supplies and personal hygiene items
- Mess kits, paper cups, plates, paper towels and plastic utensils
- Paper and pencil



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Maintaining Your Kit

- After assembling your kit remember to maintain it so it's ready when needed:
- Keep canned food in a cool, dry place.
- Store boxed food in tightly closed plastic or metal containers.
- Replace expired items as needed.
- Re-think your needs every year and update your kit as your family's needs change.



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KIT STORAGE LOCATIONS

- Since you do not know where you will be when an emergency occurs, prepare supplies for home, work and cars.
 - **Home:** Keep this kit in a designated place and have it ready in case you have to leave your home quickly. Make sure all family members know where the kit is kept.
 - **Work:** Be prepared to shelter at work for at least 24 hours. Your work kit should include food, water and other necessities like medicines, as well as comfortable walking shoes, stored in a “grab and go” case.
 - **Car:** In case you are stranded, keep a kit of emergency supplies in your car.



What Is National Preparedness Month?

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- Since its inception in 2004, **National Preparedness Month** is observed each September in the United States of America.
- Sponsored by the FEMA within the Department of Homeland Security, National Preparedness Month encourages Americans to take steps to prepare for emergencies in their homes, businesses, schools, and communities.
- FEMA's Ready Campaign, the correlating public education outreach campaign, disseminates information to help the general public prepare for and respond to emergencies, including natural disasters and potential terrorist attacks.



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History of National Preparedness Month

National Preparedness Month is a part of a governmental effort to strengthen the United States' preparedness capabilities.

Since September 11, 2001, the US Government has taken steps to encourage all citizens to make their own survival preparations.

September was chosen as National Preparedness Month, as the tragedies of September 11, 2001 highlighted to the nation the importance of being prepared also September has been chosen partly because of the peak of the Atlantic hurricane season is in mid-September.



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INDIVIDUALS/FAMILIES

- National Preparedness Month serves to encourage individuals across the nation to take important preparedness steps including getting an emergency supply kit, making a family emergency plan, being informed about the different emergencies that may affect them, as well as taking the necessary steps to get trained and become engaged in community preparedness and response efforts.

BUSINESSES AND ORGANIZATIONS

- How quickly a company is able to get back to business after a terrorist attack, a tornado, a fire, or a flood often depends on emergency planning and preparation done before the disaster strikes.



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www.Ready.gov

- Website to promote and improve the overall preparedness of individuals, families and the private sector:
- Website Overview
- Printed Material Review



QUESTIONS AND ANSWERS

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- **RESOURCES**
- **FEMA HAZARD SPECIFIC MATERIAL**
- **DEMO PREPAREDNESS KITS**
- **MEET YOUR NEIGHBORS**

Remember: Help your family and friends be better prepared before the next disaster...



SUMMARY & CLOSING REMARKS

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- **SUMMARY**
- **DOOR PRIZE - FIRST AID KIT**



First Aid Kit – 291 Pieces of First Aid Supplies | Hospital Grade Medical Supplies for Emergency and Survival Situations | Ideal for Car, Trucks,...



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- **CLOSING REMARKS**

- **CONTACT INFORMATION:**

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